SURROUNDING AREA OF GAIZINKALNS



Bolēni spring, Bolēni, Bērzaunes pag.

GPS 56.8689, 26.0118. The spring can be found at the bottom of eight meters deep ravine. Throughout the vear, the temperature of water is +7°C and it is believed that this spring is able to heal eye problems.

2 Gaiziņkalns, Bērzaunes pag. GPS 56.8714, 25.9639. The highest mountain in Latvia (312 meters above sea level). Nature trail (2 km), which stretches across the mountain top, but returns on the foothill.

3 20 Forest Training Centre "Pakalnieši",

Vestienas pag. GPS 56.8950, 25.9492, tel. 26141853*. Interactive programmes: "Animal Houses", "Young Forester", "Production of Paper", role-playing games with changing clothes, souvenirs are making by using natural materials.

4 11 Guest house "GaiziņStars", Smilteņu skola, Bērzaunes pag. GPS 56.8708, 25.9842, tel. 26558644, 64828123*, www.gaizinstars.lv Waxwork of a poet A. Čaks (1901-1950), exhibition "Cupboard of Gaizins", black rural bathhouse of forefathers, bathhouse attendant, catering upon application.

Artists' Workshop "Stone House Gallery",

Lejas Vālēni, Aronas pag. GPS 56.8874, 26.0478, tel. 29438977, 29523794*. Meeting with artists Maija Jakoviča and Valērijs Baida; approximately 300 paintings, purchase of paintings, painting lessons,



6 10 Recreational Base "Gaizinkalns", Lejas Gaizini, Bērzaunes pag. GPS 56.8711, 25.9648, tel. 29822276*, www.gaizinkalns.lv Nature trail (2 km).

7 36 Country House "Piekūni",

ienas pag. GPS 56.8664, 25.9435, tel. 29416180, 29178245*, www.piekuni.lv Bathhouse, bathing rituals, astrological consultations, nature guides, nature trail, hiking in the surrounding area of Gaiziņkalns.

ACTIVE RECREATION

8 29 🔟 Recreational Base "Gaiziņš", Bērzaunes pag. GPS 56.8761, 25.9624, tel. 29216473, www.gaizins.lv Gaiziņkalns nature trail, activity "Tarzan", tubing into water.

9 Horseback riding at "Stikliņi", Bērzaunes pag. GPS 56.8611, 25.9921, tel. 26534658*. Riding, carriage, cart or sleigh rides.

10 🗪 📥 Viešūra Lake, Vestienas pag

GPS 56.8946, 25.9515, tel. 28656198, 29299390*, www.viesurakalns.lv Licensed fishing, boats rental.

••• Cycling route "Hills of Gaiziņš". Length – 20 km. The route is picturesque and stretches across the protected Vestiena landscape and Gaiziņkalns Nature Park.

CATERING 29 Recreational Base "Gaiziņš".



SURROUNDING AREA OF BERZAUNE AND MARCIENA



🚹 Bērzaune Tourism Information Centre aune, Gaizina iela 7, tel. 20372028, www.berzaune.l

11 Bērzaune Evangelic Lutheran Church, Berzaune GPS 56.8057, 26.0308, tel. 26521292*. The church was restored in 2009. Tour, organ concert by Haralds Sīmanis.

12 Organic farm "Aizupes", Irbītes, Bērzaunes pag. GPS 56.8007, 26.0421, tel. 29372796*. Degustation program of goods: apple sweets, dried vegetables, bread baked in a rustic oven, purchase of the production, group catering*.

13 Goat farm and cheese factory "Līvi", Ozolkrogs, Berzaunes pag. GPS: 56.8244, 25.9947, tel. 29187164, 29180251*. A herd of goats (about 300 goats), creamery (6 types of soft cheeses), room for visitors, humorous stories told by the host, degustation of cheeses, tomato soup with goat cheese, ice-cream, purchase of the production.

14 Garden of Rabbits "Sveķi", Sveķi, Bērzaunes pag. GPS. 56.8072, 26.0414, tel. 28353321*. Collection of rabbits (about 20 sorts), a herd of sheep (untraditional sorts), garden of birds, place for a picnic, degustation and purchase of tinned meat.

15 Farmhouse "Viesūnēni", Bērzaunes pag.

GPS 56.8038, 25.8932, tel. 26465880, 29133103*. Cuisine workshops (preparation of cannabis butter, preparation of sweet "kukši", workshop of pizzas etc.), garden of grapes, homemade lunch*.



Tel. * Booked visits onl



16 1 🔘 SPA Resort "Mārciena Manor", eki, Mārcienas pag. GPS 56.7845, 26.0878, . 64807300, 26335000, www.marciena.eu

- SPA procedures (treatment with Biomechanical Stimulation, massages, procedures for body, weight regulation and anti-cellulite procedures).
- SPA steam bathhouses (Stone, Softwood, Hay, Sauna, mill contrast shower, cold pool, warm pool, bubble bath). Restaurant (meals of Latvian and Baltic German cuisine). Accommodation.

* Celebrations and conferences.

17 23 Guest house "Šubrakkrasti", Kalnozols, Bērzaunes pag. GPS 56.8026, 25.8314, tel. 22441173, 29189120*, www.arakalnozols.lv Tour, workshop of manufacturing equipment, history of the motor sport, a serpentine hill road (219 m), landscape with pond cascades (15 h), meadow golf, place for wedding celebration and sport games, camp organizing, soup on an open fire, catering* upon application, perennial plants and decorative trees.

ACTIVE RECREATION

Meadow Golf "Kalnozoli", Bērzaunes pag. GPS 56.8026, 25.8314, tel. 29189120*, www.golfsmadona.lv Golf course (6 holes), training, equipment rental (also for kids).

1 6 Pools CATERING Bistro "Sauleskalns",

Aronas iela 1, Sauleskalns, tel. 64827093, 26268875. 16 1 "Mārcienas muiža". 6 "Smeceres krogs" .



SURROUNDING AREA OF KUSA, LAUTERE AND LIEZERE



19 Art gallery of Agris Sārs, Meliaratoru iela 11, Kusa, GPS 56.8975; 26.1252, tel. 26134561* www.agrissars.wix.com/agris-art The workshop is arranged in a private house where the outhouse has been rebuilt into a workshop and art gallery.

20 17 🔟 Guest House "Kučuru Mill", Aronas pag. 🗌 GPS 56.9244, 26.0161, tel. 29332642*, www.kucuri.lv Mill (1875) Museum, Latvian wedding traditions for groups - fun program "Improvised Wedding at the Kučuri Mill" (duration - 2 hours), group catering, accomodation.

21 Beekeeping farm "Kalnu medus", Rogas, Liezēres pag., GPS 56.9382, 25.9642, tel. 29174560*, facebook.com/kalnumedus Tour to bees and manufacturing of beekeeping products (45 protective clothing available), degustation, purchase of the production, Lubeja manor, story of healthy nutrition.



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22 Tour with a local guide in Arona rural parish. Beautiful landscapes, objects of ancient history, interesting farmhouses. Tel. 26200599*.

23 35 NOVELTY! Silvijas Čurkste's culinary program, Lielie Kupri, Aronas pag., GPS 56.9449, 26.0958, tel. 26200599*. Story of ancient regional dishes and eating habits, group catering* (up to 25 people). ACTIVE RECREATION

24 18 Commercial fishing at "Linka Ponds",

32 Garden of berries and fruits "Jāņkalni",

Linka, Liezēres pag., GPS 56.9804, 26.1591, tel. 29388414. Airsoft "Black Hawk", Kusa, Aronas pag. tel. 29470770*, facebook.com/melnaisvanags A game of military adventure and active recreation for groups of 8-20 persons.

26 Quadricycles, Strautnieki, Aronas pag. GPS 56.8503, 26.1494, tel. 29144465*. Quadricycles (6 pcs.), 2 tracks, instructor, places for rest, tent rental, sauna.



enas pag. GPS 56.8661, 25.8407, tel. 28992426*

Protected landscape "Vestiena", The area (27 150 ha) covers the central part of the Vidzeme highlands with the highest mountain in Latvia – Gaiziņkalns, as well as other surrounding hills whose height exceeds 270 meters above sea level (Sirdskalns, Abriena Hill, Bolēni Hill etc.). Highly beautiful landscape across the 6 kilometers long road section from Vestiena to Gaizinkalns

SURROUNDING AREA OF VESTIENA

27 Lake Kāls, Vestienas pag. GPS 56.8624, 25.8443. The lake (407 ha) serves as a popular recreational and fishing spot. The lake management team works hard to restore the fishing resources. Only licensed fishing. The musical event "Sounds of the Lake" has gained a lot of popularity.

28 NOVELTY! "Dinner on the lake", Dzintari, Vestienas pag., GPS 56.8543, 25.8492, tel. 26313346*, www.viedi.org Magic of food on a raft in Lake Kals with the best Latvian chefs.

22 "Doll's House", Kalna Kadiķi, Vestienas pag. GPS 56.8793, 25.8368, tel. 29193729*. Summer house of Arnolds Burovs (1915 - 2006), the founder of Latvian animation tradition; tour, watching of cartoons, express "poppet workshop".

30 Vestiena Manor and Park, Vestiena, GPS 56.8662, 25.8736, tel. 26807209*. The manor was first mentioned in historical sources in 1452. Currently the Vestiena Primary School is located in the House of Masters

31 45 Recreational Site "Bērzi", Vestienas pag. GPS 56.8652, 25.8029, tel. 28700536*. Place for tents, picnick area, boat rental, fishing.



in the wild; memorial site of Jānis Ilsters (1851 – 1889), the first Latvian botanist; climbing the Gretu Hill. **ACTIVE RECREATION**

3431 Farm "lelāpi",

Vestienas pag. GPS 56.8506, 25.8225, tel. 29227504*. Recreational site at the shore of Lake Kala, children's playground, bouts, catamarans. Soap-making workshop, catering at the outhouse*

16 Recreational Site "Lake Kals",

Vestienas pag. GPS 56.8649, 25.8430, tel. 26521292. Swimming and picnic areas, catamarans, boats. 46 Recreational Site "Dadzīši".

stienas pag. GPS 56.8700, 25.8259, tel. 29428355*. Swimming and picnic areas, catamarans, boats, raft, water tricycles.

49 Floating Sauna in the Lake Kāls, Vestienas pag., tel. 28269240*. Floating raft with a sauna and a chance to grill.

👛 Boats, fishing, permits available: 16 31 45 46

CATERING Ilziņkalni, Vestiena, tel. 64871480.



SURROUNDING AREA OF LAZDONA AND PRAULIENA

Milk processing enterprise, assortment of 50 units of goods, tour, acquaintance with cycles of milk processing, degustation, purchase of the production.

36 Herbal teas "55 Mārītes", Lejaszīles, Praulienas pag. GPS 56.8392, 26.2600, tel. 26527445*, www.marites.biz A tour in the world of medicinal herbs, tea preperacion. Spotting of herbs, tasting and purchasing of teas.

tel. 26186955*. Collection of pearl adornments and various handicrafts, classes for jewelry making and handicrafts, purchase of handicrafts. **Environmental object "Latvia sounds"** (artist I. Mailitis) in Prauliena municipality, tel. 27066878. The object marks site near Lazdona pastor's manor where the first Latvian student choir

festival took place in 1866. **39** Rope bridge across the Aiviekste River,



40 9 🖲 Guest House "Apiņu kalte", Agri, Prauliena, GPS 56.8259, 26.3028, tel. 29455829*, www.apinukalte.ly Culinary program "Ancient Dishes of Madona Region", culinary classes, group catering, during summers - strawberry and raspberry garden (2 ha). 41 🖸 "Madona beer",

Bodnieki, Praulienas pag. GPS 56.8249, 26.3393, tel. 22016544*. Getting to know beer manufacturing process, tasting, store, summer cafe, outdoor terace.

Devil's Tailor", Jaunauziņas, Praulienas pag. GPS 56.7867, 26.3803. The second biggest stone in Latvia, girth – 20 m.

ACTIVE RECREATION 43 Shooting Range "Palejas",

Praulienas pag. GPS 56.8254, 26.3263, tel. 28336872*, www.cihpih.ly Shooting at round stand, distance shooting and shooting at running animal figures, American trap.

44 Horseback riding "Jaunzemi", Praulienas pag. GPS 56.7864, 26.4808, tel. 29459432*. Riding, driving in a cart or sleight.

CATERING 40 41





Tel. * Booked visits only

literature tradition.

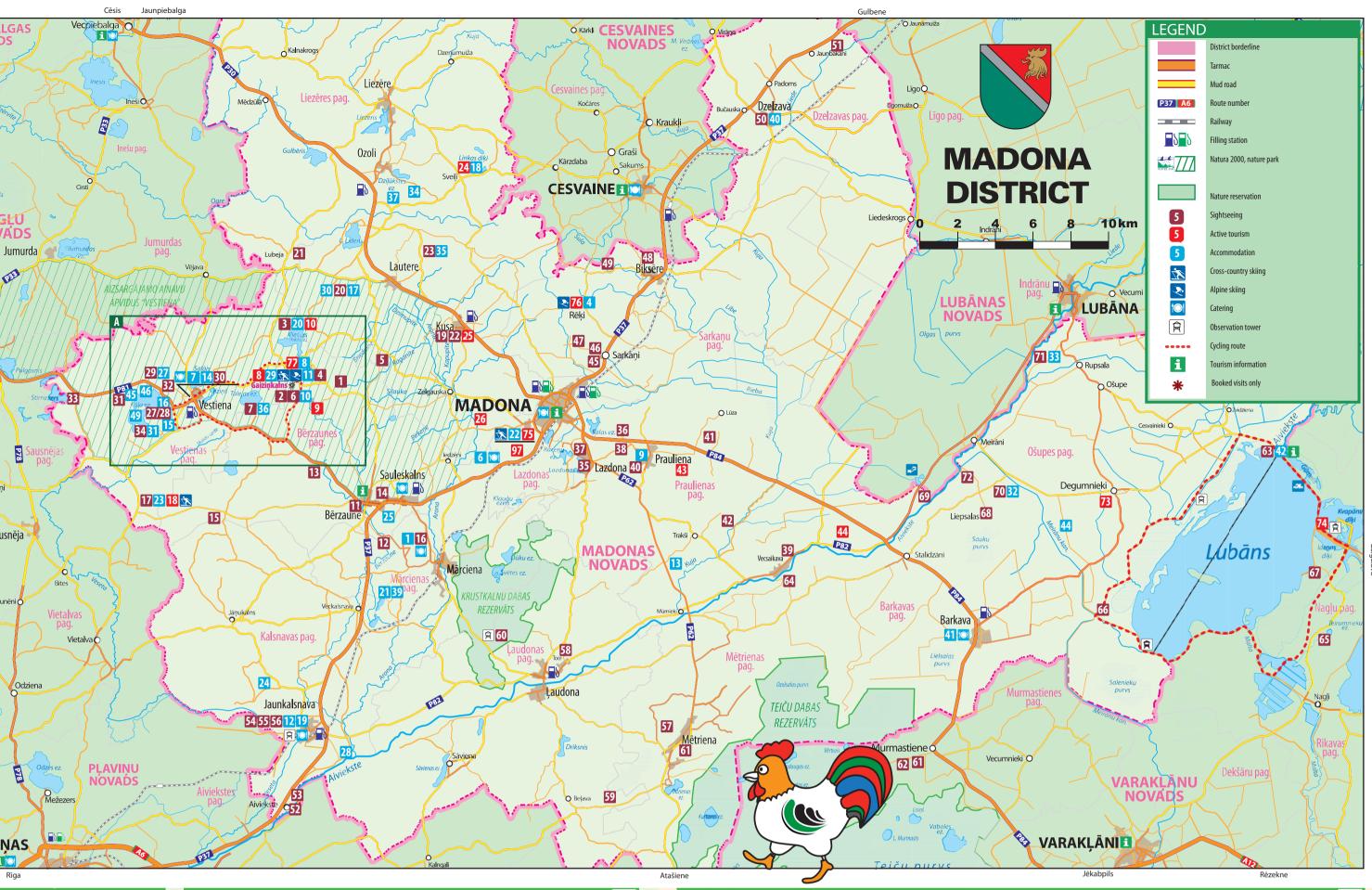
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35 "Lazdona Dairy Farmer", Klēts, Lazdonas pag.

Meža iela 2, Lazdona, GPS 56.8324, 26.2412,

Praulienas pag. GPS 56.7711, 26.4380.

Lazdona Handicraft Group "Adornment",



SURROUNDING AREA OF SARKANI, **BIKSERE AND DZELZAVA**

45 Craft School of Sarkaņi, kanu pamatskola, Sarkani, GPS 56.8793, 26.2635, tel. 29424739*. Field trip through weavers and needle omen's workshop, P. Viļumsons' loom, weaving classes. **46** Ethnographic and household storehouse of Madona Museum, Kalna iela 2, Sarkaņi,

GPS 56.8789, 26.2629, tel. 26579716, 20221997. Tools, measures and containers, collection of household objects and furniture, 19-20th century living room, exposition of locals (actress Olga Drege etc.).

47 "Willow Ostriches", Vītoli, Sarkaņu pag. GPS 56.8853 26.2421, tel. 26471881*. Tour, display of the following animals: African ostriches, emu.

48 Biksere Manor and Park with sculptures, Biksēre, Sarkaņu pag. GPS 56.9231, 26.3065, tel. 28621303, 29424739*. The buildings in the manor complex have been preserved since the days of landlord Magnuss (19th century). Antiques museum

"Biksēre Granary", park with outdoor sculptures. 49 Museum "Jaundilmani" dedicated to medical professor A. Bieziņš, Sarkaņu pag. GPS 56.9259, 26.2739, tel. 29452112*. The home of A. Bieziņš (1897-1975), the founder of Latvian children's surgery tradition. The side museum is a branch of the P. Stradiņš Medical History Museum.

50 Dzelzava Palace and Park, Dzelzava GPS 57.0007, 26.4324, tel. 64852086, 26130697* Mid-18th century Baroque style palace, which was owned by the Family of Trenzeji-Rozeneki. Now there is a school established in the palace.

51 Museum "Mucenieki" dedicated to writer Doku Atis, Dzelzavas pag. GPS 57.0412, 26.4904, tel. 64852057, 26128423*. The home of Doku Atis (1861-1903), the founder of Latvian children's



Igaijas, Kalsnavas pag. GPS 56.6557, 25.9548, tel. 29277393*. Tour to garden (2,5 ha, at about 1500 diversities, 1-8 h) together with a well-known landscape gardener. Rare species, selection, lectures on tours, consultations at objects.

53 Aijas Kaškure's dendrological garden,

Aiviekste River, Aiviekste, GPS 56.6462, 25.9476.

🚺 54 🛱 "Kalsnava Arboretum", Slodas, Jaunkalsnava, Kalsnavas pag., GPS 56.6846, 25.9480, tel. 27841099,

- 29326912. www.lvm.lv/arboretums * One of the largest and most beautiful collections of ornamental trees and shrubs in Latvia (140 ha,
- approximately 2500 different items).
- * Consultation provided by a dendrologist Visitor Center, watchtower (25 m), walking trails,

picnick area. * Camper parking.

55 Tree farm "Kalsnava", Pārupes iela 7, Jaunkalsnava. Sales of ornamental trees and scrubs, the offer includes approximately 600 different items.

56 Kalsnava basketry, Vesetas iela 11, Jaunkalsnava,

GPS 56.6930, 25.9646, tel. 29173930*. Advice on setting up and taking care of osier withe plantation, planting material, withe basketry.

57 Workshop of potters Dumpji, Brīvnieki - Kolbergi, Mētrienas pag. GPS 56.6917, 26.3021, tel. 29187910, 29421907*. Kiln for ceramics, exposition of the history of pottery, talks about pottery, purchase of ceramics, country smithy and tools of the blacksmith.

58 Non-Traditional Household "Bieles", Laudonas pag. GPS 56.7274, 26.2163, tel. 29454458, 29353754*, www.bieles.lv Visitation of farmhouse, introduction to the method of permaculture, garden of animals and birds (at about 15 sorts of animals), energetic spiral (700 m), snail facial and hand massage, wilde plants for food, tasting.



SURROUNDING AREA OF KALSNAVA, LAUDONA AND METRIENA

52 Aiviekste Hydroelectric Power Plant Dam, on the 59 Goat farmhouse "Burkānciems",

Lejas Ķunci 2, Ļaudonas pag. GPS 56.6460, 26.2403, tel. 22188433* www.burkanciems.lv Goat farmstead (at about 150 goats), creamery (solid and soft cheeses), tour, degustation, purchase of the production

60 Krustkalni Nature Reserve (2978 ha),

tel. 26473408*. Krākas spring trail (2 km), visitor centre. Krustkalni Watchtower (26 m). The watchtower may be visited without any prior notification, and the company of a tour guide is not requested. It is located at the side of the road Marciena-Laudona GPS 56.7333, 26.1359.

61 Teiči Nature Reserve (19 779 ha),

tel. 29139677*. Specially protected nature territory, the largest moss swamp in Baltics. Sildu trail (3km), Siksala (island of mineral soil in the middle of a swamp, sightseeing platform, watchtower, visitor centre "Berzi"). 6061 It can be toured only in the company of a guide m reserve headquarters from 1st June until 31st October on working days for groups up to 15

participants. Applications at least 2 days in advance. 62 Bird and animal watching tours, with nature expert Dainis Tučs, tel. 26528739*. The travel route is always planned in line with gathering sites of birds and animals in the Lubāns Wetland and area of the Teiči Nature.

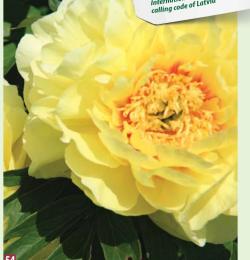
CTIVE RECREATION

19 Guest House "Naktsvijoles", Līdumi, Kalsnavas pag. GPS 56.6976, 25.9569, tel. 64826215, 28343576*. Warm pool, water aerobics lessons.

28 Camping Site "Upmalas", Vētraine, Kalsnavas pag. GPS 56.6740, 26.0104, tel. 28372673*. The place for

organizing sports games and recreational site, boats. Boating down the Aiviekste River Routs, rental of canoe boats, transporting of boats,

🖸 CATERING 12 "Ģimenes sēta".



Tel. * **Booked visits only**

SURROUNDING AREA OF LAKE LUBANS

Lubāns Wetland (51351 ha) stretches across the plain 65 Teirumnieki Swamp Trail, Naglu pag. surrounding Lake Lubāns, the biggest lake in Latvia. resting and feeding spots in Latvia for migrating waterfowl. Here you can spot several world-wide endangered bird species: snipe, corncrake, sea eagle, fish eagle. Overall there are approximately 257 bird species present in the said territory, and 190 of them make their nests there. BirdLife International territory.

Lake Lubāns. The biggest lake in Latvia, it stretches across 14 kilometres in length and 9 kilometres in width. The shores of the lake are changed and surrounded by a peculiar system of dams and canals. At the Northeast coast there is a swimming and recreational area. Two sluices are responsible for maintaining the water level in Lake Lubans.

1 63 42 Lubāns Wetland Information Centre, Aiviekstes hidromezgls, Ošupes pag. GPS 56.8164, 26.9065, tel. 29234956*, www.lubanamitrajs.lv

- * Travel guides, coffee, souvenirs.
- * Tourist guides, trekking. * Bird-watching tours, binoculars.
- Boats (5), bicycles (5), SUP boards.
- Picnic and tent sites.
- * Mobile ice fishing hut.

For bird watching, there are 3 watchtowers available. The largest number of birds usually gathers during spring and autumn migration.

64 Rehabilitation station for wild birds "Tiltakalni", Barkavas pag. GPS 56.7659, 26.4582, tel. 29485851*. The story told by Environmental Expert Ugis Bergmanis about Latvia's birds and healing of especially protected vulture when they are in misfortune.

Bird and animal watching tours, with nature expert Dainis Tučs, tel. 26528739*. The travel route is always OCATERING Cafeteria in the Barkava, planned in line with gathering sites of birds and animals in the Lubāns Wetland and area of the Teiči Nature .



GPS 56.7208, 26.9375. The 800 meters long plank-way The lake and fish ponds are one of the most important trail stretches across the swamp and on the side of a swamp lake.

> **66 Kalnagala Sluices,** GPS: 56.7345, 26.7262. One of the main junctions of the Lake Lubāns hydro technical system.

67 Fishery farm "Zvejnieki", Īdeņa, Nagļu pag. GPS 56.7504, 26.9485, tel. 28301143*, www.zvejnieki.lv Fish from Lake Lubans (fresh, smoked), history of surroundings of Lake Lubāns, guiding services.

68 House "Liepsalas" of colonel O. Kalpaks, Ošupes pag. GPS 56.7889, 26.6252, tel. 26400999*. The memorial of colonel O. Kalpaks (1882-1919) the first commander of the Latvian National Army. Beautiful, well-groomed territory.

69 Monument of colonel O. Kalpaks, Visagala kapi, Indrānu pag. GPS 56.8048, 26.5686. Sculptors K. Zāle un A. Dzirkalis.

70 32 Farm "Jaunkalēji", Kalēji, Ošupes pag. GPS 56.8038, 26.6472, tel. 29104869*. Rural bread baking, group tours, tasting, Latvian cuisine, group catering, wedding attraction program.

71 33 Farmhouse "Kodoli", Ošupes pag.

GPS 56.8654; 26.6741, tel. 29331268*. Discussions about sauna, bath-house attendant, sauna ritual, classical massage, aroma therapy, sauna scrubs, herbal oils, herbal teas, reittherapy.

T2 Farm "Zīles" Ošupes pag. GPS 56.8120, 26.6003, tel. 26138020*. Sheep and beef cattle herd. Visit available during summers.

Dzirnavu iela 1, Barkava, tel. 64807214, 64807213.



Tel. * Booked visits only

tel. 25434346, 26649344*.

International country calling code of Latvia

CTIVE RECREATION

44 Rustic farmhouse "Aļņi", Ošupes pag.

GPS 56,7789, 26,6880, tel. 28893026*

Mobile bathhouse (6 participants).

73 Pool, Sauna, Skolas jela 13. Degumnjeki GPS: 56,7976, 26,7483, tel. 27803237*

🝊 Water Tourism Development Centre "Bāka", Kvāpāni, Gaigalavas pag. GPS: 56.7848, 26.9430, el. 26663358*, htpp://baka.rezeknesnovads.lv /iewing terrace (height 10 m), exhibitions hall, cutter vindsurfing, water skis, sports fields, skis, skates etc.

Cycling route "Around Lake Lubāns", length – 57 km Boating down the Aiviekste River Routs, rental of canoe boats, transporting of boats. tel. 25434346*, 26649344*.

🗠 Boats, fishing: 63 67 74



