

SURROUNDING AREA OF GAIZINKALNS



1 **Bolēni spring**, Bolēni, Bērzaunes pag. GPS 56.8689, 26.0118. The spring can be found at the bottom of eight meters deep ravine. Throughout the year, the temperature of water is +7°C and it is believed that this spring is able to heal eye problems.

2 **Gaizinkalns**, Bērzaunes pag. GPS 56.8714, 25.9639. The highest mountain in Latvia (312 meters above sea level). Nature trail (2 km), which stretches across the mountain top, but returns on the foothill.

3 **20 Forest Training Centre "Pakalniēši"**, Vestienas pag. GPS 56.8950, 25.9492, tel. 26141853*. Interactive programmes: "Animal Houses", "Young Forester", "Production of Paper", role-playing games with changing clothes, souvenirs are making by using natural materials.

4 **11 Guest house "GaiziņStars"**, Smilteņu skola, Bērzaunes pag. GPS 56.8708, 25.9842, tel. 26558644, 64828123*, www.gaizinstars.lv Waxwork of a poet A. Čāks (1901-1950), exhibition "Cupboard of Gaizins", black rural bathhouse of forefathers, bathhouse attendant, catering upon application.

5 **Artists' Workshop "Stone House Gallery"**, Lejas Vālni, Aronas pag. GPS 56.8874, 26.0478. Meeting with artists Maija Jakoviča and Valērijs Baidā; approximately 300 paintings, purchase of paintings, painting lessons, portrait painting, hike to Vālni Grand Oak (girth – 7 m).



SURROUNDING AREA OF BĒRZAUNE AND MĀRCIENA



1 **Bērzaune Tourism Information Centre**, Bērzaune, Gaizīņa iela 7, tel. 20372028, www.berzaune.lv

11 **Bērzaune Evangelic Lutheran Church**, Bērzaune GPS 56.8057, 26.0308, tel. 26521292*. The church was restored in 2009. Tour, organ concert by Haralds Simāns.

12 **Organic farm "Alizupes"**, Irbites, Bērzaunes pag. GPS 56.8007, 26.0421, tel. 29372796*. Degustation program of goods: apple sweets, dried vegetables, bread baked in a rustic oven, purchase of the production, group catering*.

13 **Goat farm and cheese factory "Līvī",** Ozolkrogs, Bērzaunes pag. GPS 56.8244, 25.9947, tel. 29187164, 29180251*. A herd of goats (about 300 goats), creamery (6 types of soft cheeses), room for visitors, humorous stories told by the host, degustation of cheeses, tomato soup with goat cheese, ice-cream, purchase of the production.

14 **Garden of Rabbits "Sveķi"**, Sveķi, Bērzaunes pag. GPS 56.8072, 26.0412, tel. 28353321*. Collection of rabbits (about 20 sorts), a herd of sheep (untraditional sorts), garden of birds, place for a picnic, degustation and purchase of tinned meat.

15 **Farmhouse "Viesuņēni"**, Bērzaunes pag. GPS 56.8038, 25.8932, tel. 26465880, 29133103*. Cuisine workshops (preparation of cannabis butter, preparation of sweet "kukši", workshop of pizzas etc.), garden of grapes, homemade lunch*.



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SURROUNDING AREA OF KUSA, LAUTERE AND LIEZĒRE



19 **Art gallery of Agris Šārs**, Meliāraturo iela 11, Kusa, GPS 56.8975, 26.1252, tel. 26134561* www.agrisars.wix.com/agris-art. The workshop is arranged in a private house where the outhouse has been rebuilt into a workshop and art gallery.

20 **17** **Guest House "Kučuru Mill"**, Aronas pag. GPS 56.9244, 26.0161, tel. 29332642*, www.kucuru.lv Mill (1875) Museum, Latvian wedding traditions for groups – fun program "Improvised Wedding at the Kučuru Mill" (duration – 2 hours), group catering, accommodation.

21 **Beekeeping farm "Kalnu medus"**, Rogas, Liezēres pag. GPS 56.9382, 25.9642, tel. 29174560*, facebook.com/kalnumedus Tour to bees and manufacturing of beekeeping products (45 protective clothing available), degustation, purchase of the production, Lubeja manor, story of healthy nutrition.

22 **Tour with a local guide in Arona rural parish**. Beautiful landscapes, objects of ancient history, interesting farmhouses. Tel. 26200599*.

23 **35** **NOVELTY!** Silvija Čurķete's culinary program, Lielle Kupri, Aronas pag. GPS 56.9449, 26.0958, tel. 26200599*. Story of ancient regional dishes and eating habits, group catering* (up to 25 people).

24 **18** **Commercial fishing at "Linka Ponds"**, Linka, Liezēres pag. GPS 56.9804, 26.1591, tel. 29388414.

25 **Airsoft "Black Hawk"**, Kusa, Aronas pag. 29477070*, facebook.com/melnaisnava A game of military adventure and active recreation for groups of 8-20 persons.

26 **Quadricycles**, Strautnieki, Aronas pag. GPS 56.8503, 26.1494, tel. 29144465*. Quadricycles (6 pcs.), 2 tracks, instructor, places for rest, tent rental, sauna.

27 **Lake Kāls**, Vestienas pag. GPS 56.8624, 25.8443. The lake (407 ha) serves as a popular recreational and fishing spot. The lake management team works hard to restore the fishing resources. Only licensed fishing. The musical event "Sounds of the Lake" has gained a lot of popularity.

28 **NOVELTY!** "Dinner on the lake", Dzintari, Vestienas pag. GPS 56.8543, 25.8492, tel. 26313346*, www.vied.org Magic of food on a raft in Lake Kāls with the best Latvian chefs.

29 **27** **"Doll's House"**, Kalna Kadīki, Vestienas pag. GPS 56.8793, 25.8368, tel. 29193729*. Summer house of Arnolds Burovs (1915 – 2006), the founder of Latvian animation tradition; tour, watching of cartoons, express "poppet workshop".

30 **Vestiena Manor and Park**, Vestiena, GPS 56.8662, 25.8736, tel. 26807209*. The manor was first mentioned in historical sources in 1452. Currently the Vestiena Primary School is located in the House of Masters.

31 **43** **Recreational Site "Bērzi"**, Vestienas pag. GPS 56.8652, 25.8029, tel. 28700536*. Place for tents, picnic area, boat rental, fishing.



SURROUNDING AREA OF LAZDONA AND PRAULIENA

32 **"Lazdona Dairy Farmer"**, Kēlts, Lazdonas pag. GPS 56.8240, 26.2458, tel. 29423907*, www.lazdona.lv Milk processing enterprise, assortment of 50 units of goods, tour, acquaintance with cycles of milk processing, degustation, purchase of the production.

33 **Herbal teas "55 Mārites"**, Lejaszīles, Praulienas pag. GPS 56.8392, 26.2600, tel. 26527445*, www.marites.biz. A tour in the world of medicinal herbs, tea preparation. Spotting of herbs, tasting and purchasing of teas.

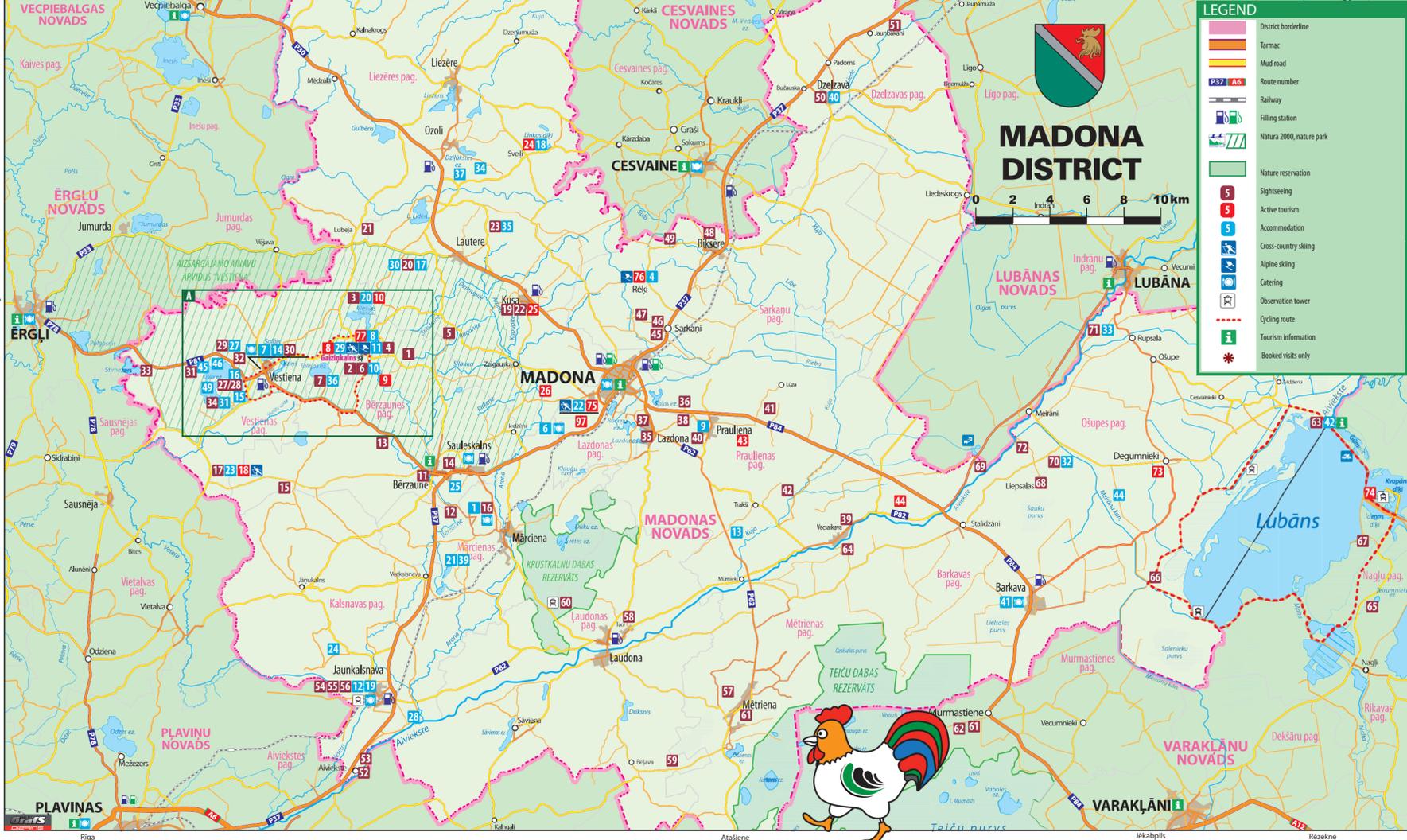
34 **Lazdona Handicraft Group "Adornment"**, Meža iela 2, Lazdona, GPS 56.8324, 26.2412, tel. 26186955*. Collection of pearl adornments and various handicrafts, classes for jewelry making and handicrafts, purchase of handicrafts.

35 **Environmental object "Latvia sounds"** (artist I. Malītis) in Prauliena municipality, tel. 27066878. The object marks site near Lazdona pastor's manor where the first Latvian student choir festival took place in 1866.

36 **Rope bridge across the Aiviekste River**, Praulienas pag. GPS 56.7711, 26.4380.



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SURROUNDING AREA OF SARKAŅI, BIKSĒRE AND DZELZAVA

45 **Craft School of Sarkaņi**, Sarkaņu pamatskola, Sarkaņi, GPS 56.8793, 26.2635, tel. 29424739*. Field trip through weavers and needle women's workshop, P. Vilumsons' loom, weaving class.

46 **Ethnographic and household stores of Madona Museum**, Kalna iela 2, Sarkaņi, GPS 56.8789, 26.2629, tel. 26579716, 20221997. Tools, measures and containers, collection of household objects and furniture, 19-20th century living room, exposition of locals (actress Olga Dreģe etc.).

47 **"Willow Ostriches"**, Vītolī, Sarkaņu pag. GPS 56.8853 26.2421, tel. 26471881*. Tour, display of the following animals: African ostriches, emu.

48 **Biksēre Manor and Park with sculptures**, Biksēre, Sarkaņu pag. GPS 56.9231, 26.3065, tel. 28621303, 29424739*. The buildings in the manor complex have been preserved since the days of landlord Magnus (19th century). Antiques museum "Biksēre Granary", park with outdoor sculptures.

49 **Museum "Jaundilmaņi"** dedicated to medical professor A. Bieziņš, Sarkaņu pag. GPS 56.9259, 26.2739, tel. 29452112*. The home of A. Bieziņš (1897-1975), the founder of Latvian children's surgery tradition. The side museum is a branch of the P. Stradiņš Medical History Museum.

50 **Dzelzava Palace and Park**, Dzelzava, GPS 57.0007, 26.4324, tel. 64852086, 26130697*. Mid-18th century Baroque style palace, which was owned by the Family of Trenzeji-Rozenki. Now there is a school established in the palace.

51 **Museum "Mucenīki"** dedicated to writer Doku Atis, Dzelzavas pag. GPS 57.0412, 26.4904, tel. 64852057, 26128423*. The home of Doku Atis (1861-1903), the founder of Latvian children's American trap.

52 **Workshop of potters Dumpji**, Bīrvīnietī – Kolberģi, Mētrienas pag. GPS 56.6917, 26.3021, tel. 29187910, 29421907*. Kiln for ceramics, exposition of the history of pottery, talks about pottery, purchase of ceramics, country smitny and tools of the blacksmith.

53 **Non-Traditional Household "Bieles"**, Lazdonas pag. GPS 56.7274, 26.2163, tel. 29454458, 29353754*. www.bieles.lv Visitation of farmhouse, introduction to the method of permaculture, garden of animals and birds (at about 15 sorts of animals), energetic spiral (700 m), snail farm and hand massage, wilde plants for food, tasting.



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SURROUNDING AREA OF KALSNAVA, LAUDONA AND MĒTRIENA

52 **Aiviekste Hydroelectric Power Plant Dam**, on the Aiviekste River, Aiviekste, GPS 56.6462, 25.9476.

53 **Aļiņas Kašķuŗes dendrological garden**, Aļiņas, Kalsnavas pag. GPS 56.6557, 25.9548, tel. 29277393*. Tour to garden (2,5 ha, at about 1500 diversities, 1-8 h) together with a well-known landscape gardener. Rare species, selection, lectures on tours, consultations at objects.

54 **"Kalsnava Arboretum"**, Sļodas, Jaunkalsnava, GPS 56.6846, 25.9480, tel. 27841099, 29326912, www.lv.lv/arboretums* One of the largest and most beautiful collections of ornamental trees and shrubs in Latvia (140 ha, approximately 2500 different items).

55 **Garden of Peonies** (approximately 240 different items). Consultation provided by a dendrologist.

56 **Visitor Centre, watchtower (25 m), walking trails, picnic area. Camper parking.**

57 **Tree farm "Kalsnava"**, Pārņupes iela 7, Jaunkalsnava, Kalsnavas pag. GPS 56.6846, 25.9480, tel. 27841099, 29326912, www.lv.lv/arboretums* One of the largest and most beautiful collections of ornamental trees and shrubs in Latvia (140 ha, approximately 2500 different items).

58 **Kalsnava basketry**, Vesetas iela 11, Jaunkalsnava, GPS 56.6930, 25.9646, tel. 29173930*. Advice on setting up and taking care of osier wattle plantation, planting material, wattle basketry.

59 **Workshop of potters Dumpji**, Bīrvīnietī – Kolberģi, Mētrienas pag. GPS 56.6917, 26.3021, tel. 29187910, 29421907*. Kiln for ceramics, exposition of the history of pottery, talks about pottery, purchase of ceramics, country smitny and tools of the blacksmith.

60 **Non-Traditional Household "Bieles"**, Lazdonas pag. GPS 56.7274, 26.2163, tel. 29454458, 29353754*. www.bieles.lv Visitation of farmhouse, introduction to the method of permaculture, garden of animals and birds (at about 15 sorts of animals), energetic spiral (700 m), snail farm and hand massage, wilde plants for food, tasting.



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SURROUNDING AREA OF LAKE LUBĀNS

Lubāns Wetland (51351 ha) stretches across the plain surrounding Lake Lubāns, the biggest lake in Latvia. The lake and fish ponds are one of the most important resting and feeding spots in Latvia for migrating waterfowl. Here you can spot several world-wide endangered bird species: snipe, common crane, sea eagle, fish eagle. Overall there are approximately 257 bird species present in the said territory, and 190 of them make their nests there. BirdLife International territory.

Lake Lubāns. The biggest lake in Latvia, it stretches across 14 kilometres in length and 9 kilometres in width. The shores of the lake are changed and surrounded by a peculiar system of dams and canals. At the Northeast coast there is a swimming and recreational area. Two sluices are responsible for maintaining the water level in Lake Lubāns.

63 **42** **Lubāns Wetland Information Centre**, Aiviekstes hidromezģis, Osūpes pag. GPS 56.8164, 26.9065, tel. 29234956*, www.lubanamitrs.lv

* Travel guides, coffee, souvenirs. * Tourist guides, trekking. * Bird-watching tours, binoculars. * Boats (5), bicycles (5), SUP boards. * Picnic and tent sites. * Mobile ice fishing hut.

64 **For bird watching**, there are 3 watchtowers available. The largest number of birds usually gathers during spring and autumn migration.

65 **Rehabilitation station for wild birds "Tiltakalni"**, Barkavas pag. GPS 56.7659, 26.4582, tel. 29485851*. The story told by Environmental Expert Uģis Bergmanis about Latvia's birds and healing of especially protected vulture when they are in misfortune.

66 **Boating down the Aiviekste River Routs**, rental of canoe boats, transporting of boats, tel. 25434346, 26649344*.

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SURROUNDING AREA OF LAKE LUBĀNS

68 **Teirumnieki Swamp Trail**, Nagļu pag. GPS 56.7208, 26.9375. The 800 meters long plank-way trail stretches across the swamp and on the side of a swamp lake.

69 **Kalnagala Sluices**, GPS: 56.7345, 26.7262. One of the main junctions of the Lake Lubāns hydro technical system.

70 **Fishery farm "Zvejnieki"**, Iķeņa, Nagļu pag. GPS 56.7504, 26.9485, tel. 28301143*, www.zvejnieki.lv Fish farm on Lake Lubāns (fresh, smoked), history of surroundings of Lake Lubāns, guiding services.

71 **House "Liepsālas" of colonel O. Kalpaks**, Osūpes pag. GPS 56.7889, 26.6252, tel. 26400999*. The memorial of colonel O. Kalpaks (1882-1919) the first commander of the Latvian National Army. Beautiful, well-groomed territory.

72 **Monument of colonel O. Kalpaks**, Visagala kapī, Inčānu pag. GPS 56.8048, 26.5686. Sculptors K. Zāle un A. Dzirkālis.

73 **Farm "Jaunkalēji"**, Kalēji, Osūpes pag. GPS 56.8038, 26.6472, tel. 29104869*. Rural bread baking, group tours, tasting, Latvian cuisine, group catering, wedding attraction program.

74 **Farmhouse "Kodolī"**, Osūpes pag. GPS 56.8654, 26.6741, tel. 29331268*. Discussions about sauna, bath-house attendant, sauna ritual, classical massage, aroma therapy, sauna scrubs, herbal oils, herbal teas, reittherapy.

75 **Farm "Zīles"** Osūpes pag. GPS 56.8120, 26.6003, tel. 26138020*. Sheep and beef cattle herd. Visit available during summers.

76 **CATERING Cafeteria in the Barkava**, Dzirnavu iela 1, Barkava, tel. 64807214, 64807213.



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ACTIVE RECREATION

44 **Rustic farmhouse "Aļņi"**, Osūpes pag. GPS 56.7789, 26.6880, tel. 28893026*. Mobile bathhouse (6 participants).

45 **Pool, Sauna**, Skolas iela 13, Degumnieki, GPS: 56.7976, 26.7483, tel. 27803237*.

74 **Water Tourism Development Centre "Bāka"**, Kvaņāni, Gaigalavas pag. GPS 56.7848, 26.9430, tel. 26663358*, http://baka.rezeknesnovads.lv. Viewing terrace (height 10 m), exhibitions hall, cutter, windsurfing, water skis, sports fields, skis, skates etc.

***** Cycling route "Around Lake Lubāns"**, length – 57 km.

Boating down the Aiviekste River Routs, rental of canoe boats, transporting of boats, tel. 25434346*, 26649344*.



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